

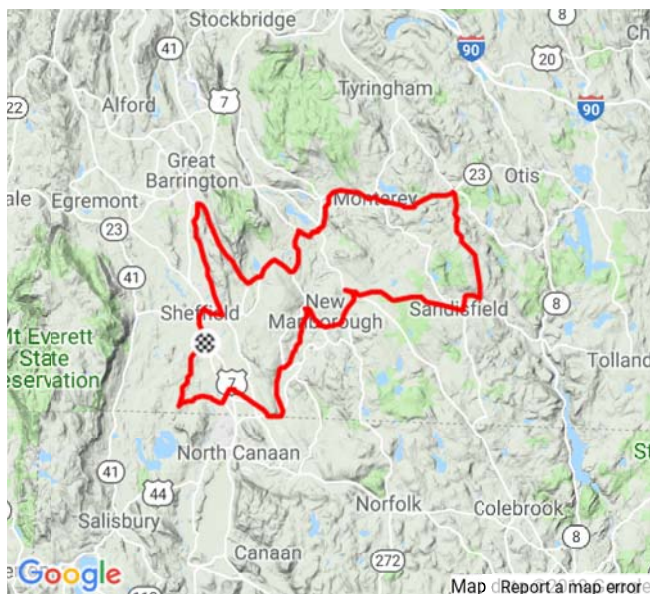


# Hopped up for Health 50 mile

<https://www.strava.com/routes/19012596>

52.89 mi      3,408 ft      Road  
 Distance      Elevation Gain      Ride Type

Est. Moving Time: 1:29:27



Route recommendations may be incomplete and/or inaccurate and may contain sections of private land and/or sections of terrain that could be challenging or hazardous. Always use your best judgement about the safety of road and trail conditions and follow traffic and property laws. Est. Moving Time based on your avg speed of 35.5 mi/h over last 4 weeks

DIRECTION	DISTANCE (miles)
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Proceed	0.0
Right onto Silver Street	0.0
Continue on US 7	0.1
Proceed onto US 7	0.4
Right onto Maple Avenue	1.4
Proceed onto Boardman Street	2.2
Continue on East Sheffield Road	6.0
Proceed onto East Sheffield Road	6.1
Right onto Brookside Road	7.2
Continue on Brush Hill Road	7.6
Proceed onto Brush Hill Road	7.6
Continue on Home Road	8.5
Proceed onto Home Road	10.5
Left onto Cross Road	11.2
Proceed onto Cross Road	11.5
Continue on County Road	11.9
Continue on Mill River Sheffield Road	12.8
Proceed onto Mill River Sheffield Road	13.6
Continue on Mill River Great Barrington Road	13.7
Right onto Adsit Crosby Road	15.6
Continue on Adsit Crosby Road Connector	16.1
Left onto Hartsville - Mill River Road	16.2
Left onto Hartsville Road	16.6
Right onto Hatchery Road	16.6
Continue on River Road	17.3
Continue on MA 23	18.4
Proceed onto MA 23	19.4
Proceed onto MA 23	19.4
Continue on Main Road	21.1
Continue on Great Barrington Road	23.1
Proceed onto Great Barrington Road	23.9
Right onto Town Hill Road	23.9
Right onto New Boston Sandisfield Road	28.8
Proceed onto New Boston Sandisfield Road	28.8
Right onto New Marlboro Sandisfield Road	30.0
Continue on New Marlborough Sandisfield Center Road	32.3
Continue on Hartsville Road	35.0
Proceed onto Hartsville Road	35.3
Right onto New Marlborough - Southfield Road	35.6
Continue on Mill River Southfield Road	36.9
Continue on Mill River Great Barrington Road	38.9
Proceed onto Mill River Great Barrington Road	38.9
Continue on Clayton Mill River Road	38.9
Continue on Knokapot Road	41.7

